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CURRICULUM VITAE

DEGREES

1987 Ph.D., Columbia University, New York, NY
1973 M.Phil., Columbia University, New York, NY
1965 A.B. cum laude, Smith College, Northampton, MA

GRADUATE WORK

1973-1976 Psychiatric Epidemiology Training Program, College of Physicians & Surgeons, Columbia University, New York, NY
1973-1976 National Institute of Mental Health Trainee, College of Physicians & Surgeons, Columbia University, New York, NY
1971-1972 National Science Foundation Trainee, Columbia University, New York, NY
1969-1970 President's Fellow, Columbia University, New York, NY
1968-1969 Graduate Student in Middle Eastern Studies, New York University, New York, NY
1965-1967 Special Graduate Student, Massachusetts Institute of Technology, Cambridge, MA

CLINICAL TRAINING

June 2012 AEDP Immersion Course, NYC, with Diana Fosha
2011-2012 Somatic Experiencing Touch Training with Kathy Kain
2009-Present Trauma Training Program, National Institute for the Psychotherapies courses:
Foundations of Trauma Theory and Practice (Sue Grand)
Treating Trauma from the Perspective of Attachment Theory (Susan Warshaw)
Clinical Work with the Spectrum of Dissociative Disorders (Orna Guralnik)
Working with Survivors of Adult & Childhood Sexual Abuse (Susan Shapiro)
Transforming Trauma with AEDP (Accelerated Experiential-Dynamic Psychotherapy): How to Translate Affective Neuroscience and Attachment Theory into Effective Clinical Practice (Natasha Prenz)
Attachment: Learning to Listen and Intervene Effectively (Colette Linnihan)
2009-2010 EMDRIA Levels I and II, with Laura Parnell
1997-present Manhattan Monthly Object Relations Seminar, International Psychotherapy Institute, with David Scharff, M.D.
October 2006 Workshop with Stanley Keleman, Toronto, Canada
July 2006 Center for Intentional Living Summer Learning Retreat, "Perspectives on Mutuality: Neuroscience, Psychotherapy, and Spirituality", Danbury, CT
July 2006 The New York Center for Jungian Studies 13th Annual Seminar, "Mind, Memory, Meaning: How We Heal", Rhinebeck, NY
November 2000 EMDR Level 2, New York, NY
September 1998 EMDR Level 1, New York, NY
September 1997-present Continuum Workshops with Emilie Conrad, New York, NY
1996-present Manhattan study group with Dr. David Scharff, Director, international institute of

September 1994 Object Relations Therapy, Washington D.C.
 Summer 1993 Sexual Desire Seminars with Dr. David Schnarch, Denver, CO
 1991-present Intensive, C.G. Jung Institute, New York, NY
 Center for Intentional Living Training, Westchester County and New York, NY:
 Self Psychology, object relations, guided imagery, continuing professional
 education

1980-1984 Core Energetics, Institute of Core Energetics, New York, NY (Certificate)
 1977-1982 American Institute for Psychotherapy & Psychoanalysis, New York, NY
 1973-1978 Center for Character Analytic Studies (Reichian training), New York, NY
 September 1975-1976 Special Student, Psychoanalytic Clinic for Training and Research, Columbia
 University, New York, NY:
 Training: Classes for residents in psychiatry
 Internship: Community Service Unit of New York State Psychiatric Institute, New
 York, NY

TEACHING

January 2012-present Faculty Member, Harlem Family Institute
 2010-2012 Coherence Therapy Workshops with Bruce Ecker and Sarah Bridges
 September 2008-June 2009 Faculty Member, Adult Psychoanalytic Training Program, National Institute for
 the Psychotherapies (NIP), New York, NY
 February 2008 Adjunct Research Faculty Member, Institute of Transpersonal Psychology, Palo
 Alto, California
 June 2005-present Adjunct Faculty Member, Santa Barbara Graduate Institute, Santa Barbara,
 California, Chicago School of Professional Psychology, Chicago Illinois
 October 2004-March 2007 Director of Advanced Core Energetic Training, Amsterdam, Netherlands
 1998-2002 Senior Faculty, Snowlion Center Healing Training (Switzerland and France)
 1989-1990 Faculty Member, American Institute for Psychotherapy & Psychoanalysis, New
 York, NY; Courses Taught: Ego Psychology
 The Basic Fault: Treatment of the Schizoid Patient

1987-present Faculty member & Supervisor, International Core Energetic Institutes: Germany,
 Switzerland, Mexico, Brazil

1987-1988 Alexander Institute, New York, NY
 1985-present Senior faculty member & Supervisor, Institute of Core Energetics, New York, NY

EDITING

2012-present Founding Editor, International Body Psychotherapy Journal: The Art & Science of
 Somatic Praxis

April 2002-2012 Founding Editor, *USA Body Psychotherapy Journal*
 1991-2001 Founding Editor, *Energy and Consciousness, The International Journal of Core
 Energetics*

2006-present Editorial Advisory Board, Journal of Alternative and Complementary Medicine
 2000-present Editorial Advisory Board, *Energy and Character International Journal of
 Biosynthesis*

2000-present Editorial Advisory Board, *Journal of Body and Movement Therapy*

INVITED LECTURES

April 2017 Jungian Conference, New York City: "Transforming Adult Onset Trauma: From
 Abyss to Integration and Growth"

March 2016 National Institute for the Psychotherapies Trauma Treatment Center, New York
 City: "Somatic Experiencing in the Treatment of Adult Onset Medical Trauma"

February 2016 Body Psychotherapy and Somatic Psychology Today: An International
 Conference, San Francisco, CA: "Medical Trauma in Patients and Providers:
 Interpersonal Neurobiology and the Autonomic Nervous System"

October 2011 National Association for the Advancement of Psychoanalysis (NAAP): Creating
 Resilience in Treatment of Attachment Trauma

June 29 – July 2, 2011 42nd International Meeting of the Society for Psychotherapy Research, Bern, Switzerland: Society for Psychotherapy Research: an international, multidisciplinary, scientific organization.
 “Attachment and Trauma: Translations of Theory and Research into Clinical Practice.” Jacqueline A. Carleton-USABP, New York; Jessica Kopcho
 “Somatic Treatment of Attachment Issues: The Use of Empirical Research in the Clinical Situation.” Jackson Taylor-USABP Journal, New York, USA; Jacqueline A. Carleton, Ph.D.
 “Attachment Style Shift: Testing the Efficacy of a Body-Based Workshop.” Jackson Taylor-USABP Journal, New York, USA; Jacqueline A. Carleton, Ph.D.

2011 Society for the Exploration of Psychotherapy Integration (SEPI) Conference: Applications of Neuroscience of Attachment Trauma to Psychotherapy with Dawn Canfora

November 2010 European Association for Body Psychotherapy, Vienna, Austria: “Somatic Experiencing in the Treatment of Attachment Trauma”

October 2010 US Association for Body Psychotherapy Conference, San Francisco: “Somatic Experiencing in the Treatment of Attachment Trauma”

November 2009 International Society for the Study of Trauma and Dissociation 26th Annual Conference: Pathways to Integration of Traumatic Experience, Washington D.C.: “Attachment Disruptions Leading to Complex trauma and Dissociation: Somatic Treatment”

October 2009 Canadian Society for Psychotherapy Research (CA-SPR), Building Bridges between Research and Practice, Montreal, Quebec: “Somatic Treatment of Attachment Attachment Issues: Applying Neuroscientific and Experimental Research to the Clinical Situation” with Emily Ho

November 2008 International Body Psychotherapy Conference co-sponsored by European Association for Body Psychotherapy and International Scientific Committee for Psychotherapy, Faculty of Medicine, University of Paris, Paris, France: “Self-Regulation from Wilhelm Reich to Contemporary Applied Neuroscience”

November 2008 International Society for the Study of Trauma and Dissociation, Chicago, IL: “The Body in the Treatment of Early Trauma and Dissociation”

September 2008 American Psychotherapy Association, San Diego, CA: “The BodyMind in the Psychotherapy of Trauma”

July 2008 US Association for Body Psychotherapy Conference, Philadelphia, PA: “Reich Was Right: Self Regulation as Bridge Connecting Neuroscience, Attachment Theory and Trauma in the Body”

May 2008 Society for the Advancement of Psychotherapy Integration, Boston, MA, two lectures: “Self-Regulation from Wilhelm Reich to Peter Levine”, and “Psyche and Soma: The Body in Psychotherapy”

April 2008 International Board of Certified Counselors Conference, Istanbul, Turkey: “The Body in the Psychotherapy of Trauma”

March 2008 International Psychotherapy Institute, Washington, D.C.: “The Body in Psychoanalytic Psychotherapy”

March 2008 DC Guild of Body Psychotherapists, Washington, D.C.: “Self-Regulation, Contemporary Neuropsychobiology, and Trauma”

January 2008 National Institute for the Psychotherapies Trauma Treatment Center, New York City: “In Touch with the Body in Psychoanalysis”

January 2008 The Trauma Studies Center, Institute for Contemporary Psychotherapy, New York City: “Self Regulation: From Wilhelm Reich to Contemporary Neuroscience”

October 2007 International Federation for Psychoanalytic Education, 18th Annual Interdisciplinary Conference, Toronto, Canada: “The Reach of the Mind”

October 2007 1st International Somatic Experiencing Conference, Berkeley, CA: “Self-Regulation, Contemporary Neuropsychobiology, and Trauma”

June 2007 Faculty and Graduate Seminar, Institute of Core Energetics, New York City, “Self-Regulation, Energy and Consciousness in Contemporary Neuropsychobiology and Trauma Treatment”

June 2006 4th International Biosynthesis Congress, Lisbon, Portugal: "Biosynthesis: The Therapy of the Future, Building Bridges Between Body, Mind and Spirit"

June 2003 3rd National Congress of Medical Ethics, Turkish Society of Bioethics, Bursa, Turkey

March 2003 *Alternative Approaches to Psychotherapy* course, Department of Psychology, Hunter College, New York, NY

September 2002 38th International Congress on the History of Medicine: Scientific Committee; Organizer, section on Alternative and Complimentary medicine; Panel leader, "Broadening Horizons in Medical Theory and Practice: Alternative, Complementary, or Integrative?" Presenter, "Body, Self and Soul: The Evolution of Holistic Psychotherapy"

April 2000 Cardiology Center, University of Ankara Medical School, Ankara, Turkey

March 1999 Featured presenter, Congreso Internacional de Terapias, Prisco Corporales, Oaxtepec, Mexico

June 1998 Workshop Presentation, "Ethics of Touch," United States Association of Body Psychotherapists, Boulder, CO

September 1997 Latin American Association of Body Psychotherapists, Montevideo, Uruguay

May 1978 "Narcissism: Between the Mirror and the Mask", William Alanson White, Psychoanalytic Institute, New York, NY

BOARDS AND COMMITTEES

2014-present Board of Directors, New York Core Energetics

2011-Present Member Scientific Committee, European Association for Body Psychotherapy

January 2009-present Executive Committee, Trauma Program, National Institute for the Psychotherapies

January 2009-present Publications Committee, European Association for Body Psychotherapy

July 2005-present International Editorial Advisory Board, *Energy & Character*, *International Journal of Biosynthesis*

January 2005 Scientific Committee of 4th International Biosynthesis Conference, Lisbon, Portugal

January 2005-present International Advisory Board of *Journal of Bodywork & Movement Therapies*

2000-present Academic Advisory Council, Tonaltzintli Institute, University of Mexico, Morales, Mexico

1998-present Board of Directors, United States Association for Body Psychotherapy

RESEARCH

1973-1974 Research Associate, Department of Psychiatry, Columbia Presbyterian Medical Center, New York, NY

1970-1973 Research Assistant, Department of Sociology, Columbia University, New York, NY

1965-1967 Research Staff, Center for International Studies, Cambridge, MA
Massachusetts Institute of Technology, Cambridge, MA

CONSULTANT

2009-present Somatic Experiencing Supervisor, National Institute for the Psychotherapies (NIP), New York, NY

1999-present Consultant, ProHealth Care Associates, Department of Neurology and Integrative Pain Medicine, New York, NY

1987-1989 Alexander Institute, New York, NY: Consultant to faculty

1987-1989 Consultant to Musician's Union, New York, NY; Workshops for Union therapists and lectures for members

1967-1968 Caseworker, Department of Social Services, New York, NY

PROFESSIONAL MEMBERSHIPS

Eye Movement Desensitization and Reprocessing International Association (EMDRIA)
National Association for the Advancement of Psychoanalysis (NAAP)

Clinical Member, US Association for Body Psychotherapy (USABP)
Clinical Member, European Association for Body Psychotherapy
Association for Psychoanalytic Self-Psychology (APSP)
Global Association for Interpersonal Neurobiology Studies (GAINS)
Society for the Exploration of Psychotherapy Integration (SEPI)
American Psychological Association (APA)
European Association for Body Psychotherapy (EABP)

LICENSES & CERTIFICATES

Coherence Therapy Practitioner
Certified EMDR Practitioner
Certified Somatic Experiencing Practitioner and Consultant
Mental Health Counselor NYS License #002215
Psychoanalyst NYS License #000593
NPI: 1063559714

LANGUAGES

French, Spanish, Turkish

PUBLICATIONS

Carleton, J.A. (2012-present). Editorial, International Body Psychotherapy Journal, The Art & Science of Somatic Praxis.

Carleton, J.A., & Farrell, J.D. (2015). Rewriting History: Attachment Theory in the Practice of Adult Psychotherapy. *Graduate Student Journal of Psychology*, 100-117.

Carleton, J.A., & Gabay, J.L. (2012). A Neuroscientific Approach to Attachment Trauma. *Annals of Psychotherapy & Integrative Health*, 52-65.

Carleton, J.A., & Padolsky, I. (2011). Wilhelm Reich's concept of mother-infant attachment as the origin of self-regulation: A neurophysiological perspective. *Body, Movement, and Dance in Psychotherapy: An International Journal for Theory, Research, and Practice*, 1-12, iFirst.

Carleton, J.A., & Padolsky, I. (2010). The neurophysiology of embodiment and forgiveness in the treatment of trauma. *Global Association for Interpersonal Neurobiology Studies Quarterly*.

Carleton, J.A., & Padolsky, I. (2010). Wilhelm Reich's concept of self-regulation in light of current neurophysiology research. Manuscript submitted for publication.

Carleton, J.A. (2005). Review of the book *The Psychology of the Body* by Greene and Goodrich-Dunn. *Journal of Bodywork and Movement Therapies*, 9, 237-238.

Carleton, J.A. (2004). Review of the book *The Psychology of the Body* by Greene and Goodrich-Dunn. *The Journal of Alternative and Complementary Medicine*, 10(4), 711-712.

Carleton, J.A. (2004). Sexuality and Intimacy in the 21st Century. *Energy and Character, International Journal of Biosynthesis*, 3, 61-6.

Carleton, J.A. (2003). The Ethics of Touch in Psychotherapy (Psikoterapide Dokunma Etigi). *Proceedings of the 3rd National Congress of Medical Ethics*. Bursa, Turkey.

Carleton, J.A. (2002-present). Editorials, *USA Body Psychotherapy Journal*.

Carleton, J.A. (2002). Body, Self and Soul, Evolution of a Wholistic Psychotherapy. *Proceeding of the 28th International Congress on the History of Medicine*. Istanbul, Turkey. Also published in: *Journal of the International Society for the History of Medicine*, 2, 30-39.

Carleton, J.A. (2001). Sexuality and intimacy in couples' therapy: The journey of the soul. *Journal of Couples Therapy*, 10(1), 35-42

Carleton, J.A. (2000). "Expanded Characterology: Embodying Object Relations", *The Art and Science of Body Psychotherapy*. Conference Proceedings. United States Association of Body Psychotherapists, Berkeley, California, 235-46

Carleton, J.A. (1999). Relationship as a Spiritual Path. Proceedings of the 4th International Core Energetics Conference. Special issue of *Energy and Consciousness*, 6, 39-46.

Carleton, J.A. (1998). Sexuality, Intimacy and the Soul's Journey of Differentiation in Body Psychotherapy. Proceedings of the first national conference of the United States Association of Body Psychotherapists. Boulder, Colorado, 8-20.

Carleton, J.A. (1997). Core Energetics. *Health and Spirit*.

- Carleton, J.A. (1994). Training Manual: First Year Introduction to Characterology. Institute of Core Energetics.
- Carleton, J.A. (1993). Training Manual: Orientation to Therapy. Institute of Core Energetics.
- Carleton, J.A. (1991). Self Regulation. *Energy and Consciousness* 1(1): 15-46
- Carleton, J.A. (1987). Self-regulated child rearing practices among the followers of Wilhelm Reich: An exploratory study of belief systems and social structure in cognitive minorities. (Doctoral dissertation). Columbia University.
- Carleton, J.A. (1966). African urbanization: A literature review. MIT: Center for International Studies.